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Club Meetings

- o Second Thursday of the month (except January)
- o 6.15pm for 6.45pm
- o St Catherine's College, UWA

Apologies

- o By 12 noon previous Monday
- o zontaperth@gmail.com

****NOTE NEW CLUB
EMAIL ADDRESS****

Contact us

- o zontaperth@gmail.com
- o www.zontaperth.org.au
- o PO Box 237
- o Nedlands WA 6909



'Tricia Summerfield, President of Zonta Club of Perth

1. President's Message

'Tricia Summerfield

Our club of Perth is moving along into the next Zonta year with its 2014-15 (mainly continuing) board installed at the AGM on 8 May. A special welcome to Karen Groves who has taken on the role of secretary and continues as parliamentarian. Team Leaders Jill Anderson – Awards and Holidays and Roslyn Budd – Membership and Program will continue in their roles and Sandra Burns – Service and Advocacy and Carole Theobald – PR and Archives take on the challenge.

I attended the final Area 3 Intercity meeting on 10 May chaired and hosted by our outgoing Area Director Carole Theobald. Wonderful things are happening around the clubs and we shared information on service projects and fundraisers. We look forward to working with incoming AD Jane Moulden.

New Golden Z Club President Lauren Rosher and three members joined us for the AGM. Many of them are studying medical sciences and we had an interesting discussion over dinner about all the medical specialities. The GZ club has almost 40 members including one male who has taken on the role of treasurer.

In June we will seek members' opinions on the proposed international bylaws changes and send our Delegate Judy Tennant and Alternate Delegate Carole off to Convention in Orlando, Florida with our best wishes for a successful meeting. Judy will return as D23 Lieutenant Governor and newly married.

On 18 June the club will host a fundraiser at Morrison's in Claremont repeating a very successful event first held last year. PR&A team is coordinating this event as the first for the new Zonta year.

Thank you to all ZCP members for their dedication to Zonta and for honouring me with another year as your president. The year's focus will be strongly on our service and advocacy role.



D23 Governor Ann Horrocks from ZC Bendigo with incoming D23 Lt Governor, Judy Tennant at the Area 3 Workshop

2. Meeting for Minds

Carole Theobald

At the April meeting members were joined by Maria Halphen, President of the Philippe and Maria Halphen Foundation that is based in Paris, and her close friend, Susie Hincks.

Maria described how, while visiting her mother in Perth, she met up with Susie and was inspired by Susie's harrowing experiences with schizophrenia to develop the *Meeting for Minds Mental Health Forum*. The Forum brings together international, national and local clinicians, scientists and those with the 'lived experience' of mental illness. The Forum is designed as an open discussion of the three groups to promote understanding, reduce stigma and develop new priorities in research. With speakers from Australian, European and Israeli



Susie Hincks and Maria Halphen (from www.meetingforminds.com.au)



research institutions the May event was the first of its kind in Australia.

With mental illness touching everyone in the community, members were very interested in both Susie and Maria's stories and wished them every success in deepening the ties and broadening the horizons of those working in the mental health industry.

For more information visit www.meetingforminds.com.au



L-R: Lauren Roshier and Angie Perkins, Positive Pathways Project Officer, Zonta House Refuge Association

3. Golden Z Club Update

Sandra Burns

The Golden Z Club is going from strength to strength under the leadership of President Lauren Roshier. Lauren provided an update to members at both the April and May meetings. Members were fascinated to hear how the GZ club recruited new members at the University's Orientation Week – including distributing vouchers for 'Chutney Mary's', with information about the GZ club. What a great way to encourage fellowship among potential members. The promotion was very successful with around 40 members being recruited.

The GZ club has now elected its executive, discussed plans for events to be held throughout the year and are inviting and canvassing a number of options for projects.



Golden Z Club Members at May Dinner

Back L-R Jessica Doskovic, Brittany Phillips, Emily Scott, Lauren Roshier (Pres.) and Den Scheer
Front L-R Wendy Hang and Emma Saunders



Golden Z Club members meet with Angie Perkins (centre back row)

Prior to the Zonta Club meeting, 21 Golden Z Club members met at St Catherine's for a presentation by Angie Perkins on the Positive Pathways- an initiative of the Zonta House Refuge Association. It is likely that the students will be involved in a major fundraising activity to support and fund a Retreat for women undertaking the Positive Pathways.

Lauren has also met with personnel from Ishar, the Multicultural Women's Health Centre in Mirrabooka, and plans for support and activities are being discussed. The students are also keen to be involved in the Birthing Kit assembly day with Trinity College.

4. Time to enjoy yourself – and help Zonta!

With the thought of dark nights and winter rains ahead, why not keep your spirits up by planning some fun in your life? Our Club has two ways to help you here!

1. **View Morrison's Winter Collection** on Wednesday 18 June, 6-8pm at Morrison's Claremont Quarter store. Tickets \$40 from www.trybooking.com/EOJT
2. **Entertainment Books** – just \$65 and valid from 1 June 2014 to 30 May 2015. This year you can purchase either an 'app' for your smart phone or the traditional hard copy book. Both formats contain discounts to save you thousands of dollars on eating out, flying, hotels and many other forms of entertainment. The club gets \$12 for each book/app sold. Order on line via the link on our club web page. If you select 'collect book' Carole will bring your book to the next club meeting.



Order your entertainment book on line today!

5. Zonta – what is your pleasure? Area 3 Workshop 2014

Gill Palmer



Letitia Depiazzi, President ZC Perth Northern Suburbs welcomed members to the workshop.

The sun was shining and the ground still wet from the early morning rain, as Zonta members arrived at Heathcote Centre, Duncraig Rd, Applecross for the District 23, Area 3 Workshop on May 10th. The ZC Perth NS had done a great job in setting up the venue with tea and coffee on tap throughout the day and the break out area full of displays about Zonta. Members had travelled from Dunsborough, Bunbury, Mandurah and the wider metropolitan area, so all enjoyed catching up over a cuppa on arrival.

Letitia Depiazzi, President of Perth Northern Suburbs, being the host club, welcomed around 50 members from all six clubs in Area 3 as well as District Governor Ann Horrocks from Bendigo in Victoria who had flown to WA for the event. The morning session focussed on how you could get pleasure through the various roles in Zonta.

Carole Theobald, Area 3 Director, led us through the hierarchy of Zonta from being a Club Member through to International President. Drawing on members' experiences in the room and, with the help of Leanne Sultan and Kath Snashell from Perth NS, we identified the challenges faced and satisfaction found by 'stepping up' in Zonta. I found it amazing that so many members present had held positions in Area 3, District 23 and ZI. Carole reminded us that Zonta websites have an amazing amount of current information and should be browsed regularly by all members. Her 'On a Role with Zonta' presentation is now available on the D23 website.



Ann Horrocks and Carole Theobald check program details.

Ann Horrocks, D 23 Governor, gave us an insight into her role within Zonta and how lucky we are that the international language of Zonta is English. She noted that in countries where English is not the first language, communication is a mammoth task. Ann's role has been to disseminate information from 'above and below'. Email communication makes things happen more quickly, but to reduce the email burden she explained how she tries to combine various emails before forwarding them – stressing that emails needed to be easy to read so all members were equally informed. Ann received Governor's training in Chicago and was formally installed in her role at the ZI Convention in Turin. She tries to keep informed of everything that is expected of her within her Zonta role. Her first tasks included setting up the District 23 Committees and training the incoming board members. This biennium the Board has met in Geelong, Perth, Adelaide and Bendigo and has taken on the additional responsibility of updating the D23 Constitution and Rules of Procedure. At times her role can be frustrating especially when she has to get reports from each Area in time to meet deadlines given to her from 'above', but overall she has found the position to be very rewarding. She found that ZI's monthly Newsletter was an essential item to use as a resource in order to keep on top of communications. She ended with two short videos, including the Ring the Bell program, that exemplified the Zonta Says NO message.



Elizabeth Woodgate, member of the ZC of Peel and Zonta International Director and Board member

Elizabeth Woodgate, from the Zonta Club of Peel, told us of her experiences as a current Director of the Zonta International and Zonta International Foundation board. She is the liaison between the ZI Board and four Districts that include Illinois and Wisconsin in USA, Austria, Croatia, Cyprus, Czech Republic, Germany, Greece, Hungary, Italy, Liechtenstein, Switzerland, Turkey as well as two clubs in Mongolia. She described attending District conferences in USA and Europe and how culture and language made these four Districts very different. Most activities are conducted by email and teleconference with face to face meetings being held at ZI headquarters in Chicago and at the ZI Convention site in Orlando, Florida. She has made many friends from other countries in her role and is looking forward to meeting up with them again at Convention next month. She urges all members to try to attend one International Convention so they may experience the true internationalism of Zonta. It was also interesting to note that Alison Martin is currently on the ZI slate for an International Director position – so we may have another ZI Director in Area 3 next biennium.



L-R Lennie McCall with prospective ZI Director, Alison Martin

Members took advantage of the sun by enjoying a healthy, light, picnic lunch outside on the lawn, admiring the view over the Swan River. After lunch, the afternoon sessions were devoted to creating opportunities through the refuge and literacy.

Mary Gurgone, from ZC Perth and Chair of the Board of the Zonta House Refuge Association, described how in 1984, the now defunct Zonta Club of South of Perth founded the refuge so that women escaping a violent relationship who had no



Chatting in the sunshine over our healthy picnic lunch on the lawn



Kelda Oppermann – Project Manager of Positive Pathways Program



Deb Mason – founder of the Starting Over Support Program



Marina Kuneman – Teaching Literacy



More information on Positive Pathways may be found at the Zonta House Women's Refuge web site at www.zontahouse.org.au.

dependent children had somewhere to go. Since this time over 8,000 women have benefitted from the refuge's wide range of services. The refuge's latest initiative is the Positive Pathways Program, supported through a \$200,000 one-off grant from the Criminal Property Confiscation Grants Program.

Kelda Oppermann, Project Manager, explained that Positive Pathways focuses on empowering women to make choices about their life before a crisis point is realised. Through a series of information sessions women learn how to understand domestic and family violence, its impacts and affects, how to look for warning signs and how to respond. They are also provided with practical skills around housing options, addressing debt, financial guidance, emotional resilience and communication. There are even some sessions to improve self-esteem with the hairdressing and makeup sessions giving many women a 'lift'. After the training the women are mentored until they are confident with their new found skills. Kathryn, who has been through the Positive Pathways program, described how she was living quite happily in an inherited home, until she met her partner. The relationship started well, but ended when her partner became abusive and manipulated her property from her – leaving her homeless and impoverished. She worked three jobs just to pay the rent and had no security for the future... Positive Pathways has helped her to rebuild her life.

Deb Mason, a member of the ZC Perth, told the audience about her 'epiphany' during a long drive across the Nullarbor that led to her founding *Starting Over Support*. Women going to the refuge, often leave all their worldly goods behind when they leave an abusive relationship. SOS is all about providing furniture and household items to women that leave the refuge so that they don't have to get into debt when setting up home again. Deb has been extremely busy organising the acquisition of second hand furniture in good condition and other household goods as well as the administration of this new project. She acquires refrigerators and washing machines from places like 'gum tree' and gets them checked by electricians before passing them on. She works with the women leaving refuges (not just the Zonta House refuge) to see what they need and her checklist includes over 300 hundred items ranging from beds and blankets to brushes and bleach. She has negotiated discounts with a hire truck company to collect and deliver furniture and would appreciate the help of any members/friends who can spare even just one afternoon/morning a month to help out. Members can also donate furniture and make tax deductible donations to SOS – just donating a dollar a week e.g. \$52 a year can make a huge difference. Download the donation form from the club website at www.zontaperth.org.au.

Letitia Depiazzi then showed how Zontians at the ZC Perth Northern Suburbs raised \$20,000 last year with its imaginative Duck Auction that was advertised as part of the Perth Fringe Festival. Artists painted and decorated wooden ducks that caught the public's imagination. The funds raised have been used to provide three camps for families affected by domestic violence – the camps provide a safe environment where families can access professional counsellors and also have a lot of fun!

This session was followed by a lively panel discussion and tea break. Throughout the day members were challenged to identify members from key experiences e.g. did you know that Ann Horrocks used to electroplate missile launchers, Linley Scott had a close shave with crocodiles in a 12ft dinghy in choppy seas, Carole Theobald worked in the sewers, and Judy Tennant...well you had to be there to find out that story!!

Marina Kuneman was the final speaker who shared her passion for teaching literacy. Using information gained from over 30 years of research, and her experience of working with migrants, she broke down the steps and strategies needed to gain long-term literacy. Members were fascinated at the complexity of this task as they worked through various listening and sound making exercises.

It was a very interactive workshop and at the end of the day, Ann Horrocks summarised the day's activities. The raffle was drawn and I WON IT! **Letitia Depiazzi** then formally closed the workshop and invited those present to join her at the Raffles Hotel for drinks and a meal with Ann Horrocks. About 20 members took up this invitation and over great food and lovely wines, unwound after a busy day and shared some excellent Zonta fellowship.

Carole notes: Many thanks to Letitia Depiazzi, Leanne Sultan and Palma Phipps for their help in organising the day and to all members for their active participation!

6. The New Board and Teams for 2013-4

The Annual General Meeting was held at the May meeting and the Board members present were installed by Area 3 Director, Carole Theobald. President Tricia Summerfield also confirmed the teams for the coming year.

Board:

President: Tricia Summerfield
1st Vice President: Sandra Burns
2nd Vice President: Roslyn Budd
Treasurer: Val Gandossini
Secretary: Karen Groves
2nd Year: Director: Jill Anderson
2nd Year: Donella Caspersz

Non-Board appointments:

Parliamentarian: Karen Groves
Archivist and Correspondence Secretary: Margaret Medcalf
Golden Z Club Liaison: Sandra Burns

Nominating Committee:

Chris Hodges, Lyn McArthur

Service and Advocacy

Leader: Sandra Burns
Wendy Atherden (LOA)
Mary Gurgone (LOA)
Helen Margaria (LOA)
Deb Mason
Lennie McCall, AM
Lyn McArthur
Lorraine McLean (LOA)
Vera Riley (LOA)

Public Relations and Archives

Leader: Carole Theobald
Sciona Browne (LOA)
Margaret Medcalf, OAM
Jeri Sein (LOA)
Tricia Summerfield
Judy Tennant
Agnes Vacca

Program & Membership

Leader: Roslyn Budd
Deanna Byers
Karen Groves
Lois Joll
Gillian Palmer
Sue Schafers

Awards and Holidays

Leader: Jill Anderson
Donella Caspersz
Ronette Druskovich
Kate Ellson
Janet Fitchat (LOA)
Chris Hodges
Wendy MacGibbon



*Incoming board members L-R
Tricia Summerfield, Jill Anderson,
Sandra Burns and Val Gandossini
were installed by Carole Theobald –
Area 3 Director*

7. 62nd Zonta International Convention

The 62nd Zonta International Convention takes place in Orlando, Florida from June 27th to July 1st 2014. Judy Tennant will be our club's Delegate and Carole Theobald our club's Alternate Delegate at the Convention. The next Inzert will be eagerly awaited as it will be full of their experiences whilst there.

Bon Voyage Carole and Judy.

8. Diary Dates

Thursday 12 June: Club dinner meeting, St Catherine's College, 6.15 for 6.45pm.

Wednesday 18 June: Morrison Winter Collection, 6-8pm - Welcome in this season's winter fashions at Morrison's store at the Claremont Quarter. Over a glass of bubbly and finger foods, enjoy an evening learning more about the Morrison story from its dynamic founders and take the opportunity to try on the latest fashions. Morrisons will give a % of all sales to Zonta. Tickets are \$40 via www.trybooking.com/EOJT Please list dietary requirements when you book. See flyer overleaf.

Friday 27 June to Tuesday 1 July: Zonta International Convention, Orlando

Friday to Sunday 8-10 August: Pregnancy, Babies and Children's Expo - If you can help out on the Birthing Kit Stand over this period, please contact Jean Wyder at wydervision@gmail.com

Sunday 31 August: City to Surf Fundraiser: Help raise funds for the Zonta House Refuge Positive Pathways program by walking or running the 4km, 12 km, 21 km or full 42 km course – or providing a donation! See flyer on club website.

Saturday 8 November: Founders' Day Dinner and Woman of Achievement Award presentation, Mallard Duck, Henley Brook.



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**Zonta Club
of Perth Inc**
Member of Zonta International

Morrison & the Zonta Club of Perth
invite you to
**an exclusive event to view the
Winter Collection**

Wednesday 18th June 2014
6pm-8pm

Shop 164, Claremont Quarter,
9 Bayview Terrace, Claremont

Presentation by Kylie Radford
Morrison fashion designer and founder

Individual styling sessions
by Morrison stylists

Tickets \$40
Online bookings <http://www.trybooking.com/EOJT>
RSVP by 30 May
Enquiries: zontaperth@gmail.com



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