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Club Meetings

- o Second Thursday of the month (except January)
- o 6.15pm for 6.45pm
- o St Catherine's College, UWA

Apologies

- o By 12 noon previous Monday
- o To Marg Giles
- o Tel: 9383 1083

Contact us

- o zontaperth@yahoo.com.au
- o www.zontaperth.org.au
- o PO Box 237
- o Nedlands WA 6909

1. Our Christmas Party

This was a Christmas Party that will be remembered for years, as we had the entire Perth Male Voice Choir entertaining us with their Christmas carols!

The evening began with drinks and canapés on the terrace. It was perfect weather for everyone to catch up with other club members and their guests.

Diners moved inside and Carole toasted Penny Flett 'in absentia' on becoming West Australian of 2009. She also acknowledged the special contribution to the Club of both Anne Marie McNaughton (former club secretary and second Vice President) and Refat Murshed (Treasurer) who were both at the evening with their husbands Neal and Humayan. As a new member, Refat stepped in to become the Treasurer, and we will miss her smiling face at the door of each club meeting. We wish her and her family, all the best, on their return to Bangladesh and hope that one day we may meet up with Refat and her fellow Zontians in the Zonta Club of Dhaka III.

The choir really did give us an opportunity to enjoy all the old carols from our childhood days. The wonderfully energetic conductor, Don and the lovely accompanist, Pru led the choir through a diverse repertoire and the audience listened, in awe, as the choir performed their songs with such gusto, allowing all of us, to get into the spirit of the evening. Later on, everyone joyously joined in, singing along to some of the carols. All feedback from those who attended, has been so positive.

Mary Gurgone graciously accepted a large number of gifts for the refuge donated by club members and also by members of the choir. Thank you to everyone who donated a gift to this worthwhile cause. Special thanks also go to Marg Giles for working so tirelessly to make the event such a success, Karina and Helen for the decorations and the attentive staff at St Catherine's for ensuring our food and drinks were well supplied.

Marilyn, what a great idea you came up with! Thank you, to both you and John, for making it possible.



The choir performing for Perth Zonta diners



L-R Sandy, guest Kerry Murphy, (Glen Wilson behind) Geoff McArthur and Lyn McArthur



L-R choristers Peter and John with Marilyn



L-R Deb Mason and Marg Giles



L-R Humayan and Refat Murshed



Mary Gurgone receives donations for the refuge from the choir



Michèle Drouart



Into The Wadi

2. Michèle Drouart

March Club meeting's speaker is to be local author, Michèle Drouart.

Michèle was born in Sydney. She lived overseas for several years, before returning to Australia, where she now resides in Perth. Her memoir *Into the Wadi*, winner of the WA Premier's Book Award in 2001, tells of the year she spent in a Muslim Arab village in Jordan. Her story "offers a contemplative, unsterotypical look at the complexities of cross-cultural experience." (*Journal of Middle Eastern Women's Studies*, Indiana University, 2006).

Michèle manages her own business teaching courses in Creative Writing (beginner to advanced). She is also a freelance editor, with focus on assessments and editing for aspiring writers.

We look forward to hearing and meeting Michele at the March meeting and learning more about her experiences.

3. International Women's Day

International Women's Day 2009 is going to be a full on weekend in Perth. On Friday 6th March, the West Australian will contain a special International Women's Day lift-out and we are currently negotiating with other clubs to have a Zonta advert feature in this special edition.

Celebrations start on Friday 6th March with two lunchtime events. The first will be held at the Hyatt Hotel and this is the annual Lunch Box List event. Our club will be co-hosting a Zonta stand with Perth Northern Suburbs and Swan Hills at the Careers Expo that complements the occasion. The second lunchtime event features the Governor General Quentin Bryce at a formal lunch at the Perth Convention Centre.

On Sunday 8th March, there is a community Expo at Central TAFE and again, our club will be co-hosting a Zonta stand.

The Zonta Club of Bunbury will be holding its annual IWD breakfast at the All Seasons Sanctuary Golf Resort with guest speaker, Paddi Creavey who is the Mayor of the City of Mandurah.

On Monday 9th March there is a IWD Breakfast hosted by UNIFEM at the Hyatt Hotel.

Please see the Diary for contact details...!

4. Yarri Wada Presentation by Fiona Crowe

WITH A LITTLE HELP FROM THEIR FRIENDS –Women helping women to help their communities.

Recently, the Office for Women's Policy hosted a presentation of about thirty people who came to hear Fiona Crowe, from the Zonta Club of Perth talk about the Yarri Wadi Puppet Project. The presentation was enthusiastically received by attendees from across the public sector, including Education and Training International; PCYC State Office; Lottery West, Department for Communities and others.

Fiona explained that the Yarri Wadi Puppet Project came out of a friendship between Senior Law women of the Ngarinyin, Wunambal and Worrorra clans from the Kimberley region and women from the Zonta Club of Perth. The Senior Law women approached their friends from the Zonta Club with their idea and the Yarri Wadi Puppet Project was born. Yarri Wadi is a Ngarinyin phrase meaning "many dreaming". It is all about women helping women to help their communities.

The Senior Law women have a deep love of their country and the people within it. Their dream is to find a way to guide their communities to regain pride in their culture and

INTERNATIONAL
women's day



Fiona Crowe showing attendees where the Ngarinyin, Wunambal and Worrorra clans live in the Kimberley region.

respect for themselves and each other. They dream of their children enjoying good health, good education and a safe living environment.

Why Puppets?

In Aboriginal culture, stories are handed down through generations. The puppets can continue this tradition and deliver stories in a light hearted way. They are colourless, classless and apolitical and they are cheap to make. Puppet theatre can get the whole community involved making puppets, creating scripts, finding venues, advertising, performing and watching.

The programs in Yarri Wadi will be developed by Indigenous people for Indigenous people and are therefore able to speak in a way that is culturally meaningful.

If you would like to learn more about this Project, you can visit Zonta's website: www.zontaperth.org.au/yarriwadipuppetproj.htm



5. Identifying a stroke?

There is always interesting information coming across the desk via the internet, but this may save a life...Ed

The FAST test is an easy way to recognize and remember the signs of stroke or a TIA. Using the FAST test involves asking three simple questions. If the person has a problem with any of these functions, dial triple zero for an ambulance immediately.

FAST stands for:

- **F**acial weakness – can the person smile: have their mouth or eyes drooped?
- **A**rm weakness - can the person raise both arms?
- **S**peech difficulty – can the person speak clearly and understand what you say?
- **T**ime to act – act FAST and call 000 immediately.

A recent internet article also added asking a person to put their tongue out straight, if it bent to one side this could also be a sign to get help....

Are you registered on the ZI site?



Jan Stewart

6. Evaluation Report of the Zonta International 59th Convention Rotterdam 2008

This 62 page comprehensive report is published on the website www.zonta2008.com. It is written in an open and frank Dutch style and contains all remarks and observations submitted by 400 Zontians on their Evaluation Forms. In addition, you can also find results of the Picnic Dialogues and the PowerPoint presentation of Professor Thea Hilhorst about Women, Peace and Conflict.

7. Australia Day Honours List

Jan Stewart, CEO of Lotterieswest, a former member of the Zonta Club of Perth, was amongst the recipients honoured on this year's Australia Day. When she was in Zonta, Jan was a Social Worker at PMH and she was involved in referring families to our Zonta Holiday Scheme.

A congratulatory card was sent to Jan on behalf of the club.

8. Tenth Anniversary of Swan Hills Club

Many members will remember the charter dinner when Swan Hills Club was first founded and it seems amazing that ten years have passed since that memorable night. The Swan Hills Club will be celebrating their 10th birthday with a Hot February Rock nRoll Night on Swan. This will be a twilight family picnic with The Yeomen.

Come along and enjoy an evening of 50's and 60's rocking and rolling fun! Bring your own chairs, picnic and drinks to 21 Swan Street, Henley Brook. Gates open at 6pm and the show begins at 7.30pm.

There will be a door prize and also a silent auction. Credit card facilities will be available for auction purchases. Tickets cost \$18 each, \$35 a couple or \$50 for a family and are available at the door.

We have been assured that the show will go regardless of the weather!!



8. Diary Dates

- **February 14th and 15th – Zonta Club of Perth Northern Suburbs – Monster Garage Sale.** Venue at 37 Ardleigh Crescent, Hamersley, 9am – 4pm. Donations of saleable items gratefully received from Jan 21st
- **February 21st – Zonta Club of Swan Hills - Hot February Rock'n Roll Night on Swan.** Gates open 6pm. Show begins 7.30pm. Tickets \$18 each, \$35/couple and \$50/family BYO chairs, picnic and drinks. Enquiries Nancy 0409 684 902. This event will also celebrate the 10th Anniversary of the Zonta Club of Swan Hills.(see above)
- **February 23rd – From Local to Global** the Elimination of all Forms of Discrimination Against Women (CEDAW) funded by Office for Women – Leadership and Development Grant. Free one day workshop RSVP natoffice@ywca.org.au
- **March 6th- 8th Sharing the Caring:** Your chance to be part of International Women's Day – Government of WA Department for Communities. Online survey available at www.communities.wa.gov.au or visit email owp@communities.wa.gov.au
- **March 6th - International Women's Day, Lunch Box List, Worldly Women Event Career Crusaders – Hyatt Hotel Perth.** Come and see our Zonta stand at the Careers Expo with this event. Be inspired by four exceptional West Australian speakers: Dr Kristen Nowak (2007 WA Premier's Prize for Early Career Achievement recipient and medical researcher), Aimee Silla (WA Young Person of the Year 2007 and wildlife conservationist), Kerry Allan-Zinner (Prime Minister's Centenary Medal recipient for service to the community and disabilities activist), Lauren Heinritz. (Rio Tinto native title and community relations officer. Tickets \$88 (discount to \$66 for Zonta members if state on registration form), 11.30am (for 12 noon) – 1.30pm. Tickets from www.lunchboxlist.com or emma@cebd.com.au
- **March 6th – International Women's Day UNIFEM Luncheon, 7am to 9am** Guest speaker Rita Taphorn, Regional Programme Manager of UNIFEM's "Gender Equality in Political Governance Programme", based at UNIFEM Pacific Regional Office in Suva, Fiji. Venue: Hyatt Hotel Terrace Ballroom, Adelaide Terrace, Perth. RSVP: Tracey on 0403 040 092 or thirst@melville.wa.gov.au by 27 Feb. Cost: \$50 (inc. GST). Pre-payment to be made to ALGWA (WA) by Credit Card, Cheque or Direct Bank Deposit.
- **March 6th – International Women's Day Luncheon with Governor General Quentin Bryce.**The event will be held from 11.30am - 3pm at the Perth Convention Exhibition Centre. The event is in support of the Women's Council for Family and Domestic Violence Services. The event will also announce the winner of MWF's Most Inspiring Woman of the Year award. For bookings call Ticketek on 132 849 or visit www.momentumwf.com.au Tickets prices:\$120 per person Tables of 10: \$1100 VIP Corporate tables of 10: \$1500
- **March 8th – Zonta Club of Bunbury International Women's Day Breakfast with Paddi Creavey.** The event will be held at the All Seasons Sanctuary Golf Resort, Bunbury. Tickets are \$30 and are available from bunburyzonta1194@yahoo.com.au or from Nan Martella on 9721 7067
- **March 10th – Women's Healthworks –International Women's Day Event** -8am – 11am Joondalup Lotteries House. Morning of relaxation, bush walk, gardening tips and Aboriginal bush tucker talk. www.womenshealthworks.org.au or info@womenshealthworks.org.au
- **March 12th - Dinner Meeting, St Catherine's College 6.15pm** Speaker Author Michèle Drouart (See article)
- **March 28th – Vulva Awareness Day** – 1pm – 5pm – FJ Clarke Lecture Theatre, QE II Medical Centre Sir Charles Gairdner Hospital, Nedlands. Em Rusciano, breakfast radio host will present this public forum on HPV and cervical cancer. Tickets \$20, afternoon tea provided. Tickets from 9340 1670 (answering machine) or email enquiries@gain.org.au. Visit www.gain.org.au for more information.
- **April 16th New Date for April Dinner Meeting to avoid Easter?** As many members go away for Easter, we intend to move the meeting to Thursday 16th April to avoid any conflicts! To be confirmed at February meeting.

*I had a rose named
after me and I was
flattered...*

*but I was not
pleased to read the
description in the
catalogue:*

*"no good in a bed,
but fine against a
wall."*

*Eleanor
Roosevelt*

Want to know what is happening in your club? Visit www.zontaperth.org.au